

# Profile

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**Name** : Dr. X.ANITA ARUL  
**Name of the Department** : English  
**Academic Qualification** : M.A., M.Phil., Ph.D  
**Designation** : Assistant Professor of English  
**Residential Address** : 36, 4<sup>th</sup> Street, NGO Colony, Melagaram, Tenkasi-627818  
**Email ID** : [anitaarulpmt@gmail.com](mailto:anitaarulpmt@gmail.com)

## Details of Ph.D

S. No	Area of Research	Poet	Title of Research	University
1	Poetry	Shiv K. Kumar	Shiv K. Kumar as a Post-colonial Poet	Manonmaniam Sundaranar University, Tirunelveli

## List of Publications – International Journal

- X.Anita Arul ( September 2016) : **Marital Disharmony –a Post-Colonial feature in Shiv K.Kumar’s Poetry**. Published in The Investigator ( An International Refereed Journal of Multidisciplinary Explorations) volume 2, issue 3.ISSN 2454-3314.pp.71-76
- X.Anita Arul ( June 2017) Title : **An unbroken chord with the Indian Social System in the poetry of Shiv K.Kumar** in “Indian scholar”, An international Multi –Disciplinary Research E-Journal.ISSN : 2350-109X .Pp.799-801
- X.Anita Arul ( Feb 2017) Title: **East-west encounter as a post-colonial feature in ShivK.Kumar’s Poetry** in ROOTS ,an International Journal of Multidisciplinary Researches with Impact Factor 0.811 ,VOL:3, SPL.Issue :14. ISSN: 2349-8684.Pp. 120-121
- X.Anita Arul ( Feb 2017) Title: **Reflection of Crushed Sorrow, Unscripted pains &Re-root of History by a victim Diaspora, Anna Frank** in BODHI ,an International Journal of Research in Humanities with Impact Factor( UGC Approved Journal),VOL:2, SPL.Issue :18. ISSN:2456-5571.Pp. 11-14
- X.Anita Arul ( Mar 2020 ) Title : **Mechanism of Sublimation in Kapur’s Astha and Virmati** in **UGC Care Listed Journal** , ICSSR Sponsored , Studies in Indian Place Names ( SIPN ) Vol .40.No.41 (2020) .ISSN : 2394-3114.Impact Factor 6.3

## List of publications - Indian Journals

- X.Anita Arul (December 2011): **Portrayal of Indian Landscape in Shiv K.Kumar's Poetry: Reflecting Post-Colonial features.** Published in Tjells ( the journal for English Language and Literary studies ) volume 1, issue 3. ISSN NO : 2249-2151.pp 128-135
- X.Anita Arul (September 2012): **Voice of Conscience in Shiv K.Kumar's Poetry.** Published in Writers, Editors, Critics (An International Biannual Referred Journal of English Language and Literature).Volume:2 issue: 2 ISSN 2231-198X. pp.35-40
- X.Anita Arul (July 2015): **Death of love in Conjugal relationship in Shiv K.Kumar's Poetry** published in Hind Litt ( A Journal of Literary and Critical Studies). Volume 2 .ISSN 2348-7003.PP.94-102

## List of Publications in Proceedings

- X.Anita Arul :Chapter Entitled: **An Insouciant attitude towards Death-a Post-Colonial Feature in Shiv K.Kumar's Poetry** in ICSSR Sponsored Seminar on "Social Perspectives in Indian Writing in English in the Post-Colonial Era" at the National Level Seminar on 31<sup>st</sup> July 2015. ISBN 978-93-83191-12-3.pp.103-107

## List of publications of Research articles in Edited Book

- X.Anita Arul ( September 2016) Chapter Entitled : **Metamorphosis of Silenced Guns-redrafted Customary typed women in Manju Kapur's 'A Married Woman'** in the anthology on "Critical Readings on the Fictional World of Manju Kapur" Edited by P.V.Laxmi Prasad. ISBN 978-93-82630-88-3. Pp: 98-105
- X.Anita Arul ( October 2016) Chapter Entitled: **Theory of Deviance in PCK Prem's A Handsome Man in the anthology on "The spirit of Age & ideas in the novels of PCK Prem"** Edited by P.V.Laxmi Prasad. ISBN 978-93-5207-414-3.Pp: 253-257
- X.Anita Arul ( May 2017) Chapter Entitled: **I.K.Sharma's verses through the lens of Post-Colonialism** on the anthology "The poetry of I.K.Sharma: New Tracts and Literary Wings". Edited by P.V.Laxmi Prasad. ISBN :978-93-5207-554-6.Pp: 25-34
- X.Anita Arul ( September 2017) Chapter Entitled : **Propinquity Towards Disturbed Sensation of Indian in the Voice of Manas Bakshi** on the anthology "Exploring New Horizons: Myriad Dimensions in the Poetry of Manas Bakshi". Edited by P.V.Laxmi Prasad. ISBN : 978-93-86722-65-2. Pp .203-209
- X.Anita Arul ( December 2017) Chapter Entitled : **Psychological Bridging with Nature-An Attempt to de-escalate the Supremacist Attitude of Human Race Screening Mowgli and Heidi** on the anthology "Literary Culture Across the World-Ecocritical Studies". Edited by Dr. Manoj Kumar & Dr. Swati Kumari. ISBN :978-81-8435-547-5. Pp .187-196
- X.Anita Arul (April 2018) Chapter Entitled : **Embracing Humanity through Emotional Investment and the Victimised Sector in P. Raja's Stories** on the anthology "Critical

Spectrum: The Short Stories of P. Raja”. Edited by P. V. Laxmi Prasad. ISBN 978-93-87281-91-2. Pp .216-225

- X. Anita Arul (February 2018) Chapter Entitled : **Celebrating Siddhabharathi, his Greatness and Spiritual Quest in Basavaraj Naikar’s “Bird in the Sky”** on the anthology “The Nativist Vision of Life in the works of Basavaraj Naikar”. Edited by P.V.Laxmi Prasad. ISBN 978-93-87281-55-4. Pp .33-38
- X.Anita Arul (August 2018) Chapter Entitled :**Sarcasm and Humour in Mahesh Dattani’s “Where there is a Will”** on the anthology “Living through Mahesh Dattani’s Plays”. Edited by P.V.Laxmi Prasad. ISBN 978-93-88008-19-8. Pp .162-172
- X.Anita Arul (January 2019) Chapter Entitled : **Marginalisation and Uncertainty in Amitav Ghosh’s “Sea of Poppies”** on the anthology “The Writings of Amitav Ghosh:Exploration of Multiple Worlds”. Edited by P.V.Laxmi Prasad. ISBN 978-81-269-2943-6. Pp .116-124
- X.Anita Arul (May 2019) Chapter Entitled: **Yin Yang in Raamaa Chandramouli’s ‘Into a Crowded Aloneness’** on the anthology “The Poetry of Raamaa Chandramouli”. Edited by P.V.Laxmi Prasad. ISBN 978-7510-253-8. Pp .36-46
- X.Anita Arul (Nov 2019) Chapter Entitled: **‘Autobiographical Element in Shiv K.Kumar’s Poetry’** in the anthology “Contours of Shiv K.Kumar’s Poetry”. Edited by P.V.Laxmi Prasad& SR Candy D’Cunha. ISBN 978-93-89615. Pp .121-130
- X.Anita Arul (Feb 2020) Chapter Entitled : **‘ Jungian Animus, the Internal other in Manju Kapur’s Astha and Virmati’** in the anthology “The Fiction Unfolded”. Edited by Dr.Sr.Candy D’Cunha .ISBN 978-93-8615-77-7.Pp.83-92
- X.Anita Arul (Sep 2020) Chapter Entitled: **‘T.V.Reddy’s ‘Fleeting Bubbles’-A Microcosm of Victimisation that Polarised Women in the Society by Unpacking Realities’** in the anthology “The Mirror and the Reflections: Interpreting Literatures through Literary Theories” Edited by P.V.Laxmi Prasad. ISBN 9781680530995
- X.Anita Arul (Jan 2022 ) Chapter Entitled: **‘Regression in Daya Dissanayake’s Miracle under the Kumbak Tree’** in the anthology “The Novel of Daya Dissanayake” Edited by P.V.Laxmi Prasad.ISBN 978-93-5529-140-0

### Seminars/Conference/ Workshops - Attended

Name of the Seminar/ Conference/ Symposia/ Workshop etc.	Name of the Sponsoring Agency	Place and Date
Workshop on Funded Projects: Winning Strategies for Preparing Proposal and Impressive Presentation	MS UNIVERSITY	M.S. University , Tirunelveli. 19.11.2014 to 21.11.2014
National Seminar on Gender and Literature	ICSSR	Scott Christian College, Nagercoil JAN 31,2015

State Level Seminar on “Environment and Existence of Mankind & Exhibition”	DR.A.P.J.AbdulKalam Science Forum, PMT College, Melaneelithanallur & Kudankulam Nuclear Power Project, Kudankulam.	Pasumpon Muthuramalinga Thevar College, Melaneelithanallur. 8 <sup>th</sup> & 9 <sup>th</sup> March 2016.
Workshop on “Research Consultancy and Extension Activities”	IQAC	Pasumpon Muthuramalinga Thevar College, Melaneelithanallur 03/09/2016
International Seminar on Shakespeare “Age Cannot Wither...”	--	Sri Parasakthi College for Women, Courtallam 13/03/2017
One day Research Orientation Programme for Research Supervisors	IQAC & Centre for Research, Manonmaniam Sundaranar University, Tirunelveli.	Manonmaniam Sundaranar University, Tirunelveli 0/11/2017
One day seminar on National Education Policy -2019 Tamilnadu Perspective	Pasumpon Muthuramalinga Thevar College, Melaneelithanallur. And Desiya Chinthanai Kazhagam, Chennai.	Pasumpon Muthuramalinga Thevar College, Melaneelithanallur
Two days In-service Teacher Training Programme in English	Conducted by Tamilnadu State Council for Higher Education	05.05.2022 & 06.05.2022 Rani Anna Government College for Women, Tirunelveli-8

### Details of Webinars/ Workshops/Training - Attended

Date	Organized by	Nature	Topic
08.04.2020	A.P.C.Mahalakshmi College for women, Thoothukudi	National Seminar	Essential English Communication-EEC 2020
27.04.2020-29.04.2020	Immaculate College for Women, Kallakurichi	International Workshop	The Role of Language and Researcher
April & May 2020	Department of Languages in association with ELTAI Kanjeeपुरam chapter	Webinar series	
17.05.2020	Crescent Institute of Science and Technology	Seminar	The Indian English Literary Canon; Perspectives, Texts & Readership

8.05.2020	Kachchh University	National webinar	Kachchh Tourism and Culture: Opportunities and Challenges
29.07.2021	National Digital Library of India in collaboration with Einstein College of Arts and Science, Tirunelveli	Webinar	NDLI User awareness
15.05.2020	IQAC of Loyola College of Education, Chennai	National Webinar	Bench marks of Research
16.05.2020	Centre for Human Excellence, RUSA 2-Component 8	National conference	The future of Language and Literature in the virtual Era
19.05.2020	Sri Krishna Arts and Science College, Coimbatore	National Webinar	From Rupture to Repair: Proposal of a Model for the study of Trauma Literature
14.05.2021& 15.05.2021	Mahalakshmi Women's College of Arts and Science, Chennai	International Conference	Paradigm Shift-A Global Reality(A Multidisciplinary Approach)
20.05.2021	SRM Institute and Technology, Chennai	National Webinar	The Meaning and Meaningless of Post-Modernism:A Critical Inquiry
21.05.2021	Govindammal Aditanar College for women, Tiruchendur	State Level Webinar	Language and Life Skills for Success
25.05.2021	DR.MGR Educational and Research Institute, Chennai	National Level E-Workshop	Future of Teaching-Opportunities and Challenges
08.06.2021	G.Venkadasamy Naidu College, Kovilpatti in collaboration with UGC, New Delhi	National Webinar	Through a Sexist Lens; Stereotyped Portrayal of Women in Indian Advertisements
26.06.2021	Nesamony Memorial Christian College, Marthandam Organized by IQAC & PG English Association	National Webinar	History ,Memory and Trauma in Recent Literary Texts
28.06.2021	JSS College of Arts, Commerce &Science, Nanjangud	National Webinar	Developing Interpersonal Skills: A Key Strategy for Effective Communication
10.07.2021	Nesamony Memorial Christian College, Marthandam Organized by IQAC & PG English Association	National Webinar	The Trauma of Surveillance; Reading Man and Pandemic
15.07.2021	M.V.Muthiah Government Arts and Science College, Dindugal	National webinar	Eco Criticism with reference to Orwell,Starhawk & Ruskin Bond
16.07.2021	School of Social Sciences and Languages,	Webinar	How to avoid Plagiarism?

	Vellore Institute of Technology, Chennai		
17.07.2021	Nesamony Memorial Christian College, Marthandam Organized by IQAC & PG English Association	National Webinar	Myth, Literature and Hermeneutics
26.07.2021	Dr. M. G. R. Educational and Research Institute	National Webinar	Postmodern Culture in Literature
30.07.2021	The Centre for Research, Curriculam Development Cell and Sadakath Research Bulletin Editorial Board	State level webinar	Research Writing and Publication

### Papers Presented (Seminar/ Conference/ Symposia/ Workshop etc.)

Details	Name of the Sponsoring Agency	Title of the Paper	Place and Date
International conference on “Encounters between East and West-Critical Perspectives in Contemporary English Literature”	Ayya Nadar Janaki Ammal College, Sivakasi	East –West Encounter as a Pot-Colonial feature in Shiv K.Kumar’s Poetry	Ayya Nadar Janaki Ammal College, Sivakasi 18/02/2017
ICSSR Sponsored Seminar	Ayya Nadar Janaki Ammal College, Sivakasi	An Insouciant attitude towards Death-a Post-Colonial Feature in Shiv K.Kumar’s Poetry	Ayya Nadar Janaki Ammal College, Sivakasi 31/07/2015
International Conference on “A Tool for Social Upliftment”	Sri Parasakthi College for Women, Courtallam	Reflection of Crushed Sorrow, Unscripted pains & Re-root of History by a victim Diaspora, Anna Frank	Sri Parasakthi College for Women, Courtallam 07/03/2018
National Seminar ( ICSSR sponsored)on “Women Empowerment: A Fusion of Media, Literary Culture and society”	ICSSR SPONSOR @ G.Venkataswamy Naidu College, Kovilpatti	Mechanism of Sublimation in Kapur’s Astha and Virmati	G.Venkataswamy Naidu College, Kovilpatti 12/ 02 / 2020
One day Virtual Conference on Cultural Representations in 21 <sup>st</sup> Century Literature	PG & Research Department of English, The New College in collaboration with Alpha Researchers’ Academy	Life of Pi’s Pi, an accidental Hero in the light of Monomyth	12.06.2021

2-day International Conference on “Narratives, Self & Identities: Traditions and innovations”	Online- school of Arts, Humanities and Social Sciences Reva University, Bengaluru, India & The Indian Society for the Promotion of English Language and Literature (ISPELL)& Liverpool John Moores University, Liverpool ,England	Emotional Hijacking ,a Mechanism as a Reflection in Literature	Online- 30 <sup>th</sup> and 31st August 2021
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### As Resource Person

Title	College	Date
Professional development with English-English for Commerce	Pasumpon Muthuramalinga Thevar College, Melaneelithanallur	23th September 2016
1)Diasporic Writers 2) English Language Skill	ANJAC, Sivakasi	08 <sup>th</sup> September 2016
Emerging Technologies for Teaching and Learning	Rukhmani college of Education, Mangalapuram	12 <sup>th</sup> February 2019
Emotional Hijacking- A Journey through Literature	Einstein College of Arts and Science, Tirunelveli	17 <sup>th</sup> July 2020
Psycho Social Perspective of Pandemic Period	Psychosocial Club Meet organized by St.Ignatius College of Education, Palayamkottai	21 <sup>st</sup> September 2020
Emotional Hijacking and Psycho Social Impct-A Nuance journey through life and society	One day National webinar organized by Centre for Capacity Building Programmes for School Teachers, TamilNadu Teachers Education University, Chennai	24 <sup>th</sup> September 2020
Emotional Hijacking- A Journey through Literature	The Standard Fireworks Rajaratnam College for Women, Sivakasi	30 <sup>th</sup> August 2020
Recreate yourself	Online- Assist World Record-Longest Multinational Confluence	14 <sup>th</sup> October 2021
The psychosocial Impact During Pandemic	G.Venkatasamy Naidu College, Kovilpatti in collaboration with <b>University Grants Commission</b> – National webinar	15 <sup>th</sup> June 2021
Literature A Mirror of Mind	Five day International Conference on ‘Contours of Literature and Language’-100 days Maha Webinar Marathon ( Day 68)	26 <sup>th</sup> October 2021

### Faculty Development Programme - Participated

- Participated in One Week online Faculty Development Program on “Teaching Literature in the Digital Era” Conducted by Department of English, Kongu Arts and Science College, Erode from 26.07.2021 to 31.07.2021

- Participated in A Seven day National Level Online Faculty Development Program on “Digital Pedagogy Online Teaching Modes, Tools & Techniques” conducted by the Department of English and Foreign Languages, Bharathiyar University, Coimbatore and PG and Research Department of English, Sourashtra College, Madurai from 23/ 06/2021 to 29/06/2021
- Participated in the International Virtual Faculty Development Programme on “Mastering the craft of Teaching “ jointly organised by Department of English ,Manav Rachna International Institute of Research and Studies, Faridabad, Haryana, Cape Comorin Trust, India and Lavender Literary Club, India from 21.06.2021 to 27.06.2021
- Participated and completed one week Faculty Development Programme on “Safety and Security in Online Teaching” conducted by Ramanujan College, University of Delhi and PMMMNTT from 22.06.2021 to 28.06.2021
- Participated two weeks Faculty Development Programme on “Managing Online Classes and Co-Creating MOOCS” conducted by Ramanujan College, University of Delhi and PMMMNTT from 20.04.2020 to 06.05.2020
- Participated in the International Faculty Development Programme Online on “Contemporary ICT to Facilitate Constructivist Learning and Digital Natives’ organised by PG and Research Department of English, Auxilim Collage from 22.05.2020 to 28.05.2020
- Participated and completed Online FDP in “Moodle-Learning Management System” organised by Amity School of Engineering and Technology, Amity University, Maharashtra from 29.05.2020 to 31.05.2020.

### **As Guest Speaker**

- Rukhmani College of Education organized a Workshop on “Recent Trends on Teaching Methodology” on 20/02/2018 and 21/02/2018 ( afternoon session) ( served as a guest speaker).
- Personal Contact Programme conducted by Yoga For Excellence centre at Arivuthirukoil, Courtallam on 06/01/2019
- Personal Contact Programme conducted by Yoga For Excellence centre at Arivuthirukoil, Courtallam on 23/02/2019
- Sri Parasakthi College for Women, Guidance and Counselling cell organised a program and the speech under the topic “Effective Communication- A Life Changing Process” was given online on 23.01.2021( FN)
- Sri Parasakthi College for Women, Guidance and Counselling cell organised a program and the speech under the topic “Professional Development with English-Effective Communication” was given online on 23.01.2021(AN)

### **As Invited Speaker**

- Sri Parasakthi College for Women, Courtallam ,Department of English organised a Programme for PG and Ph.D Research scholars on the topic “Postcolonial Literature and Postcolonial theories-a Retrieval” on 23/03/2019.



- Sri Sankara Bagavathi Arts and Science College, Kommadikottai , Department of English organised Literary Association Inauguration meeting under the topic “Effective Communication” on 03/08/2019.
- Sri Sankara Bagavathi Arts and Science College, Kommadikottai , Department of English organised Literary Association Inauguration meeting under the topic “Study Power” on 17.10.2020.
- Mother Teresa School on 10.09.2021 organises a one -day program for teachers and the topic was “Be an Influencer”

### **As Event Organiser**

- Event organiser for 5 hours event conducted by Assist World Records commemorating 90th birth anniversary of Dr.A.P.J.Abdul Kalam from 13 october 2021 to 17 October 2021.

### **Skilled Courses Completed**

#### **Orientation:**

UGC sponsored  
From : 24-05-2016 to 20-06-2016  
Bharathiyar University, Coimbatore.

#### **Refresher Course:**

UGC Sponsored  
From :08.09.2017-28.09.2017  
University of Madras, Chennai

### **Academic Activities (Invigilation, Paper Valuation, Question Paper Setter)**

- Appointed as External Examiner for Evaluation of UG papers and as an evaluator of Ph.D scholars
- Appointed as question paper setter for UG programme.
- Served as invigilator for UG Programme.

### **Duties Carried Out**

- Served as Presiding officer for Lok Sabha Elections held on 16 May 2016
- Served as a Presiding Officer Tamil Nadu Legislative Assembly Election held on 18<sup>th</sup> April 2019.
- Served as Polling officer -5 in Legislative assembly general election in April 2021.

### **Doctoral Committee Member**

- Member in Doctoral Committee attended as External Expert.
- Ph.D supervisor since 2017 and mentoring Ph.D scholars.

## **As Chief Guest**

- As a chief guest in A.G. Matriculation School, Surandai annual day function
- Guest of Honour in a Awarding ceremony conducted by Yuvashree kala Bharathi Swami vivekanandar
- As a Guest of Honour in Bharathalaya Cultural Academy “The largest painting world record” at Arulmigu Senthilandavar Polytechnic College.
- Chief Guest in Bharathalaya Cultural Academy organized Arangetram at kalaivanar kalaiarangam
- In a Literary festival in Einstein College of Arts and Science, Tirunelveli –an inter-collegiate Literary Festival on 19.02.2020 –delivered inaugural address.

## **Other activities**

- Adjudged the best speaker in “Group Discussion” inter-school competition held by TNPL, Karur on 29/ 07/2016 for Talent Expo-2016.
- Adjudged Pictionary Competition held by Tweedle Literary Club, Department of English, Sri Parasakthi College for Women, Courtallam on 15.04.2021
- Adjudged Poster Competition held by Anti-ragging Club, Sri Parasakthi College for Women, Courtallam on 24.14.2022.

**This information pertains up to 15<sup>th</sup> May, 2022.**

**(Dr. X.ANITA ARUL)**